SO YOU THINK YOU CAN'T DANCE?

50 First Dance Steps

1. Lindy
2. Kick Ball Change
3. Ballroom Dance Position
4. Basic Soft Shoe
5. Burst
6. Charleston
7. Box Step/Jazz Square
8. Burst Clap/Clap Burst
9. California Raisin
10. Cha Cha
11. Wrap Turn (Soutenu)
12. Heel Drag
13. Cut Aways/Half Cut Aways
14. Drag Back Step
15. Brush/Flaps/Scuff - Tap Steps
16. Grapevine
17. Axle
18. Gospel Style Step Touches
19. Marching/Half Time Marching/Stop Marches
20. Hand Jive
21. Waltz/Hesitation Waltz
22. Present (High/Low/Audience/L & R/Diagonal)
23. Jazz Hands
24. Jitterbug
25. Whack Attack
26. The Monkey
27. Paddle Wheel Turn
28. Pas de Bourrée
29. Plié/Relevé
30. Pivot (2-point & 4-point)
31. Polka/Pony
32. Rainbow Arm



33. Rubber Legs
34. Scissor Hands
35. Snake
36. Temptation Pushes
37. Step Clap
38. Step Dig/Step Kick/Step Scuff/Step Stomp
39. Funny Feet
40. Sway Snap
41. Flossing
42. Sugar Foot
43. Sway (Leading with Shoulders)
44. 3 Point Turn
45. Train Step
46. Traveling Arms
47. U-Dip/U-Step
48. Vaudeville Rocks
49. Walking Knee Pops
50. Double Dream Hands